

Client WELCOME — packet —



CREATING CONFIDENT PARENTS IN SOUTH FLORIDA



bell house
DOULAS

WELCOME!

WE ARE HAPPY TO WORK WITH YOU

Thank you so much for contacting Bell House. Congratulations on your growing family!

We are excited to walk with you as you fulfill your family's goals during this time. Our teams are dedicated to excellent, compassionate care and support while you navigate through your pregnancy, birth and postpartum months.

You will notice that our packages are customizable to include everything important to your own personal parenting style.

Please do not hesitate to call or email us if you have any questions as you look over this packet.

All Our Best,

bellhousedouglas.com

Dawn & Sonia Bond

SERVICE OVERVIEW

WHAT TO EXPECT DURING YOUR EXPERIENCE

**THIS PAGE IS A QUICK OVERVIEW
OF THE SERVICES WE OFFER.**

**WE WILL EMAIL A SEPARATE FORM
TO YOU WITH FURTHER
EXPLANATION WHEN YOU ARE
READY TO CHOOSE YOUR
PACKAGES.**

EVERYTHING
INCLUDED WITH A

LABOR DOULA
POSTPARTUM DOULA
SIBLING DOULA

- INFANT FEEDING
SUPPORT
- NEWBORN CARE SUPPORT
- UNLIMITED PHONE
SUPPORT
- ZOOM OR FACETIME
SUPPORT
- INFORMATIONAL
SUPPORT

*PRIVATE CHILD
BIRTH EDUCATION*

*BIRTH AND
BRUNCH*

*LACTATION SUPPORT
EDUCATION*

*PLACENTA
ENCAPSULATION*

TINCTURES

PLACENTA PRINTS

OUR PROCESS

WHAT TO EXPECT EVERY STEP OF THE WAY

CONSULTATION

THIS IS THE PERFECT TIME TO SHARE ALL THE HOPES, PLANS, AND WISHES FOR YOUR BIRTH AND POSTPARTUM. LEARNING MORE ABOUT YOUR FAMILY AND PARENTING STYLE HELPS US CREATE THE PERFECT TEAM AND PLAN WITH YOU.

CHOOSING A PACKAGE

AFTER YOUR CONSULTATION IT'S TIME TO PICK OUT WHAT PACKAGE WORKS BEST FOR YOU. TO SECURE YOUR SPOT ON OUR CALENDAR A 50% DEPOSIT IS DUE FOR YOUR LABOR DOULA TEAM AND A 25% DEPOSIT IS DUE FOR YOUR POSTPARTUM DOULA.

BOOKING YOUR TEAM

BELL HOUSE DOULAS HAS A VARIETY OF CERTIFIED DOULAS WHO ARE READY TO SUPPORT YOU. SO NOW IT IS TIME FOR YOU TO SELECT THE TEAM YOU THINK WOULD BE THE BEST FIT. INTERVIEWS CAN BE HELD IN PERSON OR OVER ZOOM!

WELCOME

YOU OFFICIALLY ARE A PART OF THE BELL HOUSE FAMILY!!! YOUR DOULAS ARE NOW PREPARED TO SUPPORT ANY NEEDS OR CONCERNS YOU MAY HAVE. NOW IS THE TIME TO COORDINATE WITH YOUR LABOR OR POSTPARTUM TEAM FOR YOUR 2 PRENATAL VISITS.

LABOR

IT'S TIME TO CALL YOUR DOULA. MOST CLIENTS CALL ONCE THEY BELIEVE THEY ARE IN EARLY LABOR BUT NOT READY TO GO TO THE HOSPITAL OR BIRTH CENTER. YOUR DOULA IS READY TO SUPPORT YOU THROUGH LABOR AND UNTIL YOU'RE SETTLED AFTER YOUR BABY IS BORN. YOU WILL MEET ONE LAST TIME FOR A POSTPARTUM VISIT DEPENDING ON YOUR PACKAGE.

Communication

WHEN TO CONTACT YOUR DOULA

Via Email

- **WHEN YOU NEED TO ASK QUESTIONS THAT REQUIRES THE BELL HOUSE OFFICE ATTENTION**
- **WHEN YOU NEED COMMUNITY RESOURCES**

Via Phone Call

- **WHEN YOU NEED EMOTIONAL SUPPORT**
- **WHEN YOU LOSE YOUR MUCUS PLUG**
- **WHEN YOUR WATER BREAKS**
- **WHEN YOU NEED TO ASK QUESTIONS THAT DON'T REQUIRE MEDICAL ATTENTION**
- **WHEN YOUR PLACENTA NEEDS TO BE PICKED UP**

Via Text

- **WHEN YOU NEED TO ASK ANYTHING WE ARE HERE TO SUPPORT YOU NO MATTER WHAT!**





Lets Get Started!

THANK YOU FOR TRUSTING BELL
HOUSE TO SUPPORT YOU IN THIS
NEW STAGE OF YOUR LIFE.
WE ARE SO EXCITED TO BUILD A
RELATIONSHIP FILLED WITH
UNCONDITIONAL SUPPORT AND
CARE FOR YOU AND YOUR FAMILY.

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